HEREDITARY ANGIOEDEMA (HAE) EMERGENCY GUIDE

Hello,

This letter is in reference to my patient _____ and their HAE treatment plan:

_____

Sincerely, _____ Date: _____

What is HAE?

Hereditary angioedema (HAE) is a rare genetic disease that can cause attacks of swelling, which can be painful, disabling, and potentially life-threatening.

Where can HAE attacks occur?

Swelling attacks can occur in various parts of the body.

Upper airway

Swelling in the throat can block the airway, creating a potentially life-threatening situation.

Skin/tissue under the skin

Typically affects the face, extremities, and genitals.

Digestive tract

Can cause mild to severe abdominal pain, vomiting, and diarrhea.

HAE Attack Triggers

Attacks can often occur without warning, but they are sometimes set off by a trigger. Triggers may include:

- Emotional stress
- Physical trauma
- Surgery or dental procedures
- Infection
- Hormonal influence
- Mechanical trauma
- Medications

Medical/Dental Procedures and HAE

Some patients may experience an HAE attack **before**, **during**, or even **after** medical or dental procedures. Prior to the start of a procedure, please verify with the patient that they are not currently experiencing symptoms of an attack.

Please note, an HAE attack can be a serious and potentially life-threatening situation requiring immediate emergency care.

Please see emergency contact information on the next page.

Contact Information

PHYSICIAN CONTACT

Name:

Office phone:

Emergency phone:

PATIENT'S EMERGENCY CONTACT

Name:

Relationship:

Phone:

PATIENT'S PREFERRED HOSPITAL

Name:

Address:

PATIENT'S ADDITIONAL MEDICAL DETAILS

Planning for HAE Attacks

HAE treatment plans require the use of on-demand medication to treat acute HAE attacks, and may also include preventive medication to help prevent or reduce the frequency and severity of attacks.

Treatment plan for _____

ACUTE TREATMENT

Medication:

Dose:

Method:

Frequency: to be taken at the onset of an HAE attack

PREVENTIVE TREATMENT

Medication:

Dose:

Method:

Frequency:

For more information or HAE resources, visit DiscoverHAE.com

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